

Calderdale News & Events

*The newsletter for older people & their families & friends
from CALDERDALE FORUM 50 PLUS*



Welcome to Calderdale Forum 50 Plus's October 2026 Newsletter

Welcome to our OCTOBER newsletter. The start of Autumn brings more events in Calderdale and we bring you a small selection here. You can find a full range of news, social groups and many more events for this month as well on our website at: www.calderdaleforum50plus.com/events-activities/

WHAT'S ON – OCTOBER

10th: Theatre: The Haunting of Blaine Manor. A drama featuring a seance at Blaine Manor, said to be the most haunted building in England. Tickets from the Victoria Theatre box office.

10th: Halifax Photographic Society Exhibition Opening. Discover the work of one of the region's longest-established photography groups in this exhibition by Halifax Photographic Society at Dean Clough Mills. From 10th October to 7th February.

15th: Calderdale Heritage Walk: Secrets of Soyland. Join this walk through an attractive upland settlement on an historic route into Lancashire. Meet Anne Kirker opposite the Beehive pub, at the junction of Hob Lane and Royd Lane, HX6 4LU at 2pm.

17th: Charity Murder Mystery Night: Murder at the Blood Moon Ball. A 1920s style night of suspense, drama and fun at The Harold Club, Low Moor BD12 0UD. Tickets £15 from Iain on 0800 085 4310.

17th: Imperial Classical Ballet – Nutcracker & Swan Lake. Another breath-taking production of The Nutcracker and Swan Lake (afternoon and evening). Tickets from the Victoria Theatre box office.

18th: Elland Male Voice Choir Concert – Elland. Performing songs from The Greatest Showman, The Lion King and classic hits from the 60s. 2pm at Elland Community Hub. Call 01422 898571 for tickets.

20th: Astronomy Talk in Hebden Bridge. Learn more about the fascinating subject of Astronomy as part of the "University of Hebden Bridge's" free programme of learning. Book via the Trades Club website.

24th: "Vivace!": A spectacular massed bands concert at Huddersfield Town Hall. Brighouse & Rastrick, Marsden and Skelmanthorpe Bands, join forces for "Vivace!", a spectacular massed bands concert. Tickets from Huddersfield Town Hall by telephone on 01484 225755.

26 – 31st: Operation Mincemeat - a new award-winning musical. It's London's biggest hit with 156 Five-Star reviews, making it the best-reviewed show in West End history and you can see it at the Victoria Theatre. Tickets from the box office.

31st: The Halifax Civic Trust Uncanny Halloween Walk. Join historian David Glover for a chilling walk through Halifax's darker history — from medieval murders to Victorian crimes and illegal burials. 6pm from the Halifax Gibbet. Bookings via the Civic Trust website.

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NEWS OCTOBER 2026

What's on your doorstep? Celebrate International Day of Older People this October



Every year on 1 October, the world marks the International Day of Older People. It recognises both the opportunities and the challenges of an ageing population and champions a society that works for people of every age.

This year in Calderdale, we're celebrating throughout the month of October, the people, places and services that help us stay active and connected.

Whether you want to get moving, learn something new, meet new people or find out what support is out there, there's something happening near you. **Full details on our website at www.calderdaleforum50plus.com**

Got a question about buses in West Yorkshire?

Join a special West Yorkshire Mayor's Question Time at Greenhead College, Huddersfield and ask Mayor Tracy Brabin your questions on Thursday 22nd October at 6.30pm. From fares and reliability to accessibility and safety, this is your chance to discuss the issues that matter most. **Advance booking required – search West Yorkshire Mayor's Question Time on Google or call 0113 245 7676.**

Falls Prevention Awareness Week – Latest Advice

Falls are not an inevitable part of ageing, and there is a lot you can do to cut your risk. To coincide with Falls Prevention Awareness Week from 21st to 25th September, Age Friendly Calderdale and the Calderdale Falls Prevention Network have produced a free Falls Prevention Awareness Pack, full of practical advice to help you or someone you care about stay steady, confident and independent.

You can download the pack from our website's Falls Prevention page (located in the Advice Hub), pick one up from Age UK in Halifax Woolshops or ask your healthcare provider for a copy.

Planning the practicalities for after you're gone

What happens to your bank account? Who knows where your important documents are? What happens to your digital life? Who contacts the people who need to know? The Older People's Advocacy Alliance (OPAAL) wants older people to consider these questions before it is too late and has launched its "Time for a Cuppa" campaign, encouraging older people to sit down with someone they trust and have an honest conversation about what they would want to happen at the end of their life – and after their death. Their clear and practical online hub can help. **Visit <https://opaal.org.uk/campaigns> to find out more. If you're not online, ask a trusted relative or friend to do this for you and pass on the advice.**

New Groups and Activities from our In Touch Directory

Boogie Bounce at the Space. Have fun dancing on a trampette with a patented bar for stability. The routines are adaptable and are especially good for people with knee, hip and back pain. Wednesdays from 5.45 – 6.30pm and Fridays 11.30 – 12.15pm at The Space Community centre, Rastrick.

Knit & Natter Wellbeing group. A free group to combat loneliness and isolation. Tuesdays from 1.30 to 4.30pm at Unmasked Mental Health, Commercial Street, Halifax.

Make sure you don't miss a copy of our monthly newsletter. Sign up online at: www.calderdaleforum50plus.com/about/newsletter-archive/ or contact us at: info@calderdaleforum50plus.com

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