

# ACT Newsletter

May 2026

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## ACT Breaks New Ground With Todmorden Hippodrome

Like everyone else in town, Age Concern Todmorden (ACT) is excited about the much anticipated transformation and re-opening of the Hippodrome Theatre in October.

We have been working alongside the theatre and are delighted to announce new joint projects to the community.

Initially, this would include:

- film showings
- drama/play readings with a theatre professional
- space and opportunities to meet with others in a welcoming environment. There will be refreshments and board games.

Further possibilities include a book club, chess club ... share any ideas and proposals you have!

**TODMORDEN**  
**AGE**  
*Concern*

To help, we will be asking for volunteers or small donations - whatever you are comfortable with.

# What's Been Happening?

## Mayor's Quiz

Thanks to all who attended the Mayor of Todmorden's Charity Quiz at The Beer Necessities, 19<sup>th</sup> March. Over £500 was raised for Age Concern Todmorden and Tod Support! Let's do this again sometime!



## Cancer Awareness

On 29th April, Calderdale Cancer Aware gave ACT free Cancer Champion awareness training. Thank you!



## Gambling Harms Awareness

On 6th May, GamCare gave a free talk on the harms of gambling and how ACT can signpost people towards support.

**FREE Gambling Support Starts Here**



Our team provide free, flexible help and support for anyone affected by gambling:

0113 388 6466

[www.GamCare.org.uk/yandh](http://www.GamCare.org.uk/yandh)

[yandh@gamcare.org.uk](mailto:yandh@gamcare.org.uk)

**You are not alone. We are always here to help!**

# Lunch Clubs

## Cornholme Lunch Club

Our Cornholme Lunch Club is up and running! Every Tuesday 12:00-1:00pm at Vale Baptist Church. Come and have soup and sandwiches. Donations welcome!



## Here are some of our recent soups!

**Recipe: Serves 4, 10 minutes prep, 40 minutes cooking time**

### Ingredients:

- 4 large carrots
- 1 large white onion
- Coriander to taste
- 1 Vegetable stock cube
- Garlic to taste

### Method:

- 1: Roughly dice your onion and garlic and add to a pot with a splash of cooking oil and leave to soften.
- 2: Chop your carrots into small pieces and add to the pot, stirring occasionally to allow for even cooking.
- 3: Prepare your stock cube following the instructions on the packet and add to the pot with a pinch of salt.
- 4: Leave to simmer until carrots are fork tender.
- 5: Take off the hob and blend.
- 6: Your soup is ready to eat! We recommend serving it with buttered bread.  
Optional: Serve with a sprig of coriander on top for presentation!



## Friday Lunch Club

ACT's Lunch Club continues to be a welcoming space for good food, conversation and company.

12:00-1:00pm at Roomfield House.

Here are a couple of stories from our attendees:

"I've been coming to the Friday Lunch Club for almost three years now, after trying it out with a couple of friends. We came with open minds and have been enjoying it ever since. It's a great way to meet different people. The volunteers always make everyone feel welcome. The food is tasty and good value. The raffle is good fun too."



"We really enjoy the Friday Lunch Club. Fridays are a great day for it, we can take our time. We've had the chance to get to know one another, there's a sense of camaraderie and we all have a good laugh."

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## Coffee Morning

ACT weekly coffee morning at Central Methodist on a Wednesday from 10am-12pm continues to be very popular. It's a great opportunity to enjoy some social interaction in a warm, friendly space. It has helped to raise over £1,000 towards Age Concern Todmorden in the last 12 months through the very popular raffle.

# Window Displays

## Knit or Natter

A great, big thank you to Carolyn from Knit or Natter for her wonderful (and eye-catching) Easter display. You can also find more of her incredible handmade work in Todmorden Health Centre.



## Cancer Research UK

Thank you to Cancer Research for bringing awareness to our community with their window display.



## Co-Op

Thank you to the Co-Op for this touching and thought-provoking window. It has caught the attention of many passer-bys. We are a Co-op community cause.



## Community Connections Event



**COMMUNITY CONNECTIONS MENTAL HEALTH EVENT**

Monday 18<sup>th</sup> May  
Hebden Bridge Town Hall  
10am-2pm

Information stalls and creative activities for you to join in!

FREE tea, coffee, soup & roll and cake.  
Everyone welcome.

For transport and access  
Call: 01422 417300  
Or email:  
stayingwell@hebdenbridgetownhall.org.uk

Learn more about work in the Upper Calder Valley [here](#)

Logos: CALDERDALE CARES AND PROSPECT, a steaming cup of coffee, and a hand holding a book.



## Co-Op Funeral planning

**'Let's Talk About It'**  
Funeralcare and Life  
Services - FREE EVENT



Hebden Bridge Town Hall,  
Waterfront Hall



Wednesday 20th May  
12.15-2pm

Ever wondered what actually happens behind the scenes, or how to plan your send off? We're lifting the lid on funeral planning and getting your affairs in order. Ask us anything!

Decorate a memory box or candle holder to take home

Join us for a FREE Lunch and Refreshments

All welcome

For more info please call Julie Lloyd  
07368562184

# Dates for your Calendar

## Art Social



**Senior's Art Social**  
Platform One Gallery, Tod Train Station



**16th April  
21st May  
18th June**  
3:30-5:30pm

**An Inter-Generational, Creative Monthly Meet Up**

No Previous Experience Required  
Materials & Refreshments Provided  
Wheelchair Accessible  
Carers and Support People Welcome  
Donations Welcome  
indiarbird@gmail.com for Booking and Questions



**FILM SCREENING**  
**AT TODMORDEN**  
*library*

Join Assiduous Productions to celebrate Dementia Action Week 2026 we are offering a free screening of 'Dementia. My Constant Companion' a film that offers a glimpse into the lives of Calderdale residents who live with dementia.

In 2024 a group of people with a diagnosis of dementia got together to create a film about how they broke the news of their diagnosis to family and friends. This is their story.



**FRIDAY 22<sup>ND</sup> MAY 2PM - 3PM**  
Meeting Room, Todmorden Library, Rochdale Road,  
Todmorden, OL14 5AA  
Book your seat on [www.ticketsource.com/calderdalelibraries](http://www.ticketsource.com/calderdalelibraries)  
or call Fran on 07880 329946



## Dementia Action Week Free Film Screening



**RNCM**  
ROYAL NORTHERN  
COLLEGE of MUSIC

A SERIES OF RECITALS BY MUSICIANS  
FROM THE ROYAL NORTHERN COLLEGE  
OF MUSIC

**FRIDAY 22nd MAY 7.30PM**  
**FIELDEN HALL**  
**TODMORDEN OL14 7DD**

**FREE ADMISSION**



**ADELE  
BRACEGIRDLE**  
  
**FLUTE**

Donations  
to Music  
for the  
Many



## Music for the Many

*and coming soon ... save the date!*

John Helliwell with a Saxophone  
Extravaganza!

Friday 12<sup>th</sup> June 7:30PM  
St Mary's Church  
Todmorden OL14 7BD



## Parks4All



Join us for a  
**Parks4All**  
Walk and Wheel event



This event welcomes older people and disabled people (including people with sensory, mobility, hearing disabilities, long term health conditions, communication needs, and neurodivergent people), as well as carers, friends and family.

### Event Details

**Date:** Wednesday 3rd of June 2026  
**Time:** Meet at 10.45am - Walk/wheel starts 11.00am - Finish 1.30pm  
**Location:** Centre Vale Park, Burnley Road, Todmorden, OL14 7BS  
**Meeting point:** Bowling Green Pavilion (inside the park)

Centre Vale Park webpage:  
<https://www.calderdale.gov.uk/leisure/parks-and-open-spaces/parks/centre-vale>

### About the Event

Enjoy your local greenspaces, breathe in the fresh air, connect with nature, meet new people and take time to recharge.

We'll move around the park together at a relaxed pace (walking or wheeling). We'll also share a little about the park's history and look out for plants and birds.

We will take breaks as needed. Wear comfortable footwear and bring weather-appropriate clothing. Please bring a picnic if you would like. Tea and coffee will be provided.

### Booking and information

For bookings and more information, please email Loraine: [loraine.accessiblecalderdale@gmail.com](mailto:loraine.accessiblecalderdale@gmail.com)

If you have any access requirements (e.g., seating, step-free routes, quiet space, BSL/communication support) or help with transport, please let us know when you book. Accessible parking and facilities available - details upon booking.

Or phosetext **Katie: 07905 624549**



## Age Without Limits

11 June Luddendenfoot Community Centre

## Wine Sampling



at St Mary's Church Friday 19<sup>th</sup> June, 7:00pm. Tickets £18  
Thank you to the Co-Op and all the wonderful local businesses and individuals who have donated some great raffle prizes and people who are volunteering.

## Country Fair

**A PROPER YORKSHIRE DAY OUT**  
TODMORDEN COUNTRY FAIR

**Todmorden Country Fair**  
**SATURDAY 20<sup>TH</sup> JUNE**  
Centre Vale Park Todmorden OL14 7BS

FOOD STALLS SHEEP TRACTORS DONKEYS  
TRADE STANDS ALPACAS ARTS & CRAFTS  
DOG SHOW AND MORE

**TICKETS ON SALE NOW** [todmordencountryfair.com](http://todmordencountryfair.com)

## COMMUNITY VOLUNTEER FAIR

Local voluntary groups will be showcasing the amazing work they do for our town - come down and show your support!



**20TH JUNE 2026**  
**12 - 3**

**TODMORDEN TOWN HALL**



contact [community@todmorden-tc.gov.uk](mailto:community@todmorden-tc.gov.uk)  
to book a stall

Let us know  
what you'd like  
to see at our  
**Community  
stall!**  
Talk to us  
about  
**volunteering!**

# FEEL GOOD MOVEMENT

Looking for a fun way to be active and social?

Choose our welcoming, inclusive classes for an easy way to keep moving and feel better physically and mentally.

**Movement is Medicine!**

## MONDAY

11 - 11:45am **Gentle exercise / dance** Central Methodist Church, Todmorden

11:30 - 12:15pm **Seated movement & music** Mytholm Meadows, Hebden (term tim)

2 - 3pm **Seated movement & music** Roomfield House, Todmorden

4 - 5pm **Keep Fit & Active** Vale Baptist Church, Cornholme

## TUESDAY

11:30 - 1pm **Boogie Bingo** (1<sup>st</sup> Tue of month) - music, sit down dancing, social  
FREE refreshments  
Ridgefoot Retirement Living, Todmorden

2-3:30pm **Community Wellbeing** FREE refreshments and chat  
The Old Library, Cornholme

## WEDNESDAY

2:30 - 3:45pm **Gentle exercise / dance** FREE refreshments and chat  
ABD Centre, Bacup

## THURSDAY

2 - 3:30pm **Seated movement & music** FREE refreshments and chat  
Mytholm Court, Hebden

*Carers join classes free with the person they support.*

"My strength and balance are much improved"

"I am more confident and able to move easier"

"Was starting to feel depressed & lonely, now I feel happier and making new friends"

Members of  
*ACT* **THE AGE UK ASSOCIATION**

"I have more energy to do other things"

"It's something I look forward to each week"

Got some questions?  
Call Rebecca on 07510 187211

Ask us about tailored sessions, taster classes, and talks for your community group



Instagram Facebook YouTube

Socials: @inspiremotivatetransform  
Email: hello@imtforever.co.uk  
Website: imtforever.co.uk

Inspire  
Motivate  
Transform

## ACT ANNUAL GENERAL MEETING

DETAILS TO FOLLOW

# Support older people in Todmorden!

ACT are a small, independent local charity. We have been separate from Age UK for several years. Age Concern Todmorden is now reliant on grants, donations and volunteers to continue providing our vital services.



*giftaid*

If you are able, scan the QR code to access our People's Fundraising web page or, contact the office.

Please nominate us for a  
Movement for Good award,  
and we could win

# £1,000

It only takes  
a moment

Scan the QR code or visit  
[movementforgood.com](http://movementforgood.com)  
and add our details



AGE CONCERN TOOMORDEN LTD  
Charity number  
1145995

**A huge thank you to recent funders:**

**Barchester**



**Robinwood**

**Sir George Martin Trust**



**Sovereign Health Care**

**Staying Well**



# How Well Do You Know Todmorden?

## General Knowledge Quiz

1. Installed in 2016, a series of Hollywood-esque signs were set up in and around Todmorden. What word do these signs spell out?
2. The Todmorden located Stoodley Pike was built in 1856 - a reconstruction of an earlier version built in 1814. What caused the original structure to collapse?
3. Until 1888, part of Todmorden was situated in which English county?
4. What is the name of the Todmorden resident who made national news with his UFO sighting in 1980?
5. Can you name the two Nobel Prize winners who came from Todmorden?

**Answers:** 1. Kindness 2. Lightning Strike 3. Lancashire 4. Alan Godfrey 5. John Cockcroft and Geoffrey Wilkinson

## Useful Phone Numbers

Todmorden Health Centre:	01706 81100
Age Concern Todmorden:	01706 817926
Age UK Calderdale and Kirklees:	01422 252040
Customer First:	01422 288001
Todmorden Library:	01706 815600

Email us photos of your pets to be featured in the next newsletter!  
Have an event you want to promote? Send us an email!

Age Concern Todmorden, 19 Burnley Road, Todmorden, OL14 7BU  
Email: [ageconcerntodmorden@gmail.com](mailto:ageconcerntodmorden@gmail.com) Tel: 01706 817 926



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