

# Calderdale News & Events

*The newsletter for older people & their families & friends  
from CALDERDALE FORUM 50 PLUS*



## EVENT DIARY September & October

### Event

**Rag Market: Saturday 9th September**, 12.30 onwards at the Maurice Jagger Centre, Winding Road, Halifax. Free to attend - Sale of new/used fabric and knitting/sewing supplies. Twelve tables of stock, all selling various materials. For more information about this event contact Mrs Jean Redford - Telephone: 07931 817363.

### Activity

**Short Led-Walks in Rastrick: Wednesday 13<sup>th</sup> September.** Two free, short walks: Starting with a 2km walk at 10am, with gentle inclines and generally smooth surfaces. The 1km walk is at 11am and is entirely on flat pavements. The 1km option is aimed at wheelchair users & people with mobility limitations. Walk leader on both walks. Meet at the Space@Field Lane community centre, Burnsall Road, Rastrick HD6 3JT.

### Music

**Friendly Brass Band - Last Night of the Proms: Saturday 16th September**, 2pm. Concert to be held at Boothtown and Southowram Methodist Church, Beverley Place, Akroydon, Halifax, HX3 6LS. Join Friendly Brass Band to celebrate the Last Night of the Proms! Tickets are available on the door - £10.

### Event

**Life through the Lens: The Portrait Photography of Alice Longstaff: 16th & 17th September** 10am - 4pm. Held at Pennine Heritage, Birchcliffe Centre, Hebden Bridge, West Yorkshire, HX7 8DG. Discover the portrait collection of iconic Hebden Bridge photographer Alice Longstaff, and how she captured the spirit of a community across her 70-year career. Go behind-the-scenes at the Birchcliffe Centre, where Longstaff's archive is preserved! Free exhibition, as part of the Heritage Open Days festival.

### Event

**Elland Show Sunday 17 September**, 11am to 4pm. At Elland Cricket Club, Hullenedge Rd, Elland HX5 0QY. Vintage Stalls & Vehicle Show. Aircraft flypast, fairground, food, music, birds of prey, RSPCA dog show.

## Theatre

### **Talk: Hebden Bridge Local History Society**

**September 27<sup>th</sup>** 7.30pm free to members; £4 for visitors. Methodist Church, Market Street. Hebden Bridge. The years

before the First World War saw a widespread co-operative and community-led housing movement across Britain at a time of great working-class housing need. Speaker, Andrew Bibby describes the small but significant role Hebden Bridge played in how the movement developed.

## Event

### **Calderdale Food Gathering: Thursday 5<sup>th</sup> October**

from 1pm till 6pm at Halifax Borough Market, Albion Street, Halifax.

This event hosted by Calderdale Food Network and will showcase the region's vibrant food culture and provide an opportunity for people to sample and buy local produce and get to know the wonderful producers and traders from across Calderdale.

## Theatre

### **Theatre: The John Godber Company's "Do I Love**

**You?" 3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> October.** 7.30pm. At the Viaduct Theatre, Dean Clough Mills, Halifax, HX3 5AX Box Office: 01422 849227.

Join twenty somethings Sally, Nat and Kyle in this hilarious comedy as they develop a love for, and the people involved with, Northern Soul. Multi award winning playwright John Godber has been a fan of Northern Soul since 1972. Here the author of the iconic Bouncers helps keep the faith with a nod to Frank Wilson!

## Event

### **Pig Racing Fund-Raiser: Saturday 14<sup>th</sup> October**

from 7-3pm onwards. An evening of fun and fund raising for the Halifax Panthers Wheelchair Rugby League Club. Held at the ever-

popular Volunteer Arms Wakefield Road Copley Halifax, HX3 0UD.

## Event

### **Older Persons' Advice/Info Fair: Friday October 20<sup>th</sup>,**

10am – 2pm. Todmorden Town Hall, Bridge St, Todmorden.

Hosted by Craig Whittaker MP, this popular event is back again, bringing together local, regional and national organisations with an interest in or services to offer older people. Join social and activity groups, get advice and information, meet new people and chat. Free to attend – refreshments available.

## Event

### **Real Deal Record Fair: Saturday October 21<sup>st</sup>**

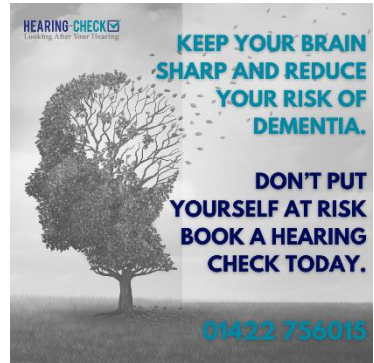
9am - 4pm, Halifax Borough Market, Albion Street, Halifax. Calling all record lovers, the Real Deal Record Fair will be returning to the Halifax

Borough Market. There will be records on sale of all genres at prices to suit everyone.

# HEALTH UPDATE

## Reduce The Risk Of Dementia With A Hearing Check

Hearing loss, an often-overlooked health issue affecting millions worldwide, has long been associated with communication difficulties and reduced quality of life. However, recent research has uncovered a startling connection between untreated hearing loss and the development of dementia. As more studies emerge, scientists are beginning to understand that the relationship between these two conditions extends beyond mere coincidence. So, don't delay, if you are worried about your or a loved one's hearing, **call 01422 756015 to book your Hearing Check.** sponsored content



# SEPTEMBER NEWS

**Covid-19 Vaccine Update** During the coming Autumn, West Yorkshire COVID-19 vaccination programme is to offer the vaccine to people at high risk of serious disease and who are most likely to benefit from vaccination, including the following: Residents in a care home for older adults; All adults aged 65 years and over; People aged six months to 64 years in a clinical risk group; Frontline health and social care workers; People aged 12 to 64 years who are household contacts (as defined in the Green Book) of people with immunosuppression; People aged 16 to 64 years who are carers and staff working in care homes for older adults. Further advice on vaccine products for this autumn is expected in the next few weeks.

**Calderdale Support with Money and Council Tax** Do you or anyone you know struggle to pay for food and fuel or need support with budgeting? Are you finding it difficult to pay your Council Tax or unsure what benefits you can claim? Calderdale Council's Early Advice and Support Team (EAST) can provide support and guidance and make sure you are claiming any benefits you are entitled to. The team works with partners in Calderdale which they can refer you to for more support. They are proactively contacting customers to offer support and you can also self-refer to the service by coming to **Customer First, 19 Horton Street, Halifax HX1 1QE** on Tuesdays and Thursdays, or by calling 01422 288005. Whilst you are there you can also go through a Blue Badge or Concessionary Bus Pass application. Please pre-book an appointment for these services **by calling 01422 288011.**

**Digital Skills Courses For Beginners** Calderdale Adult Learning are offering digital skills courses suitable for beginners – build your skills and confidence with those all-important basic IT skills. Courses are available in Halifax (Heath Campus) plus at Brighouse, Sowerby Bridge, Halifax Central, King Cross and Elland Libraries. The courses are free to eligible learners – **call 01422 392820 for more information.**

**We're Getting Rastrick Walking** Our 3-2-1 Walks project is coming to a close after two busy months in Rastrick. Calderdale Forum 50 Plus has co-led a series of short walks for local people in a project funded by Active Calderdale. We've had great support from the Space Community Centre, on the Field Lane estate (Burnsall Road. Rastrick. Brighouse. HD6 3JT), who have shared their excellent facilities with the walkers and will now be running their own short led-walks in the near future. To find out more, drop into the Space on Wednesday mornings from 10am, when they are serving breakfast followed by lunch at 12 noon.

### **Advice from our new Care In Your Own Home partner, Bluebird**

If you're thinking about Care in Your Own Home for yourself or a loved one, Bluebird are very happy to help. Care in Your Own Home with Bluebird can range from a 30-minute care visit right through to 24-hour live-in care. It might be that little bit of extra support you need to keep things ticking over, or a full range of support throughout your day. But above all else, they aim to help you remain as independent as possible, living the lifestyle you choose. To get things moving, **call 01422 230 055, or email [calderdale@bluebirdcare.co.uk](mailto:calderdale@bluebirdcare.co.uk)** and they will arrange to come round for a face-to-face chat. They will then work with you to put together a care package that is tailored to your unique needs! sponsored content



The graphic features a blue border and contains several elements: three circular callouts with white text on a blue background, a central photograph of a caregiver and an elderly person, and the Bluebird Care logo. The callouts read: 'Respectful & caring staff', 'In the comfort of your own home', and 'Personal, tailored service'. The photograph shows a smiling caregiver in a blue uniform looking at a document with an elderly woman. The logo at the bottom left shows a stylized bird and the text 'bluebird care'.

**ABOUT US** Calderdale Forum 50 Plus is the online newspaper for people over the age of 50 and their families & friends. We run a busy website, full of up-to-date news and events, plus monthly newsletters to help you keep in touch! Sign up online for our email newsletter.

**web: [www.calderdaleforum50plus.com](http://www.calderdaleforum50plus.com)**  
**email: [info@calderdaleforum50plus.com](mailto:info@calderdaleforum50plus.com)**

