

Calderdale News & Events

The newsletter for older people & their families & friends
from CALDERDALE FORUM 50 PLUS



EVENT DIARY July & August

Music

Big Band Returns The Calderdale Big Band is back in Halifax for a summer concert on Saturday 15th July, from 3pm to 5:30pm. The venue will be Calderdale Music, The Old Courthouse, Blackwall, Halifax HX1 2DL. Tickets are £10. Rhythm & Brews café and bar will be open serving refreshments. Tickets are selling fast, book early to avoid disappointment! Call 01422 401260 for more details.

Theatre

Square Chapel Talks There are three upcoming talks at the Square Chapel in Halifax – call the box office on 01422 353 073 to book your tickets:

Thrills 'n' Spills: Yorkshire Speedway with Alan Beadle – 12 July. The history of Speedway in Yorkshire.

Swept Under the Carpet: The Forgotten Story of Astronomers Edward Crossley and Joseph Gledhill – 19 July.

Ramble through the Solar System: Presented by Martin Lunn – 26 July. Let's take a journey to explore the solar system.

Music

Choir At The Carlton The Carlton Community Choir is holding a free Summer Concert on Saturday 22nd July in Halifax. The choir was previously known as the Calderdale Singing Initiative and will be joined on the night by the Weighton Waytes to bring you a varied programme of music. The performance will be held in the Carlton Centre (Carlton URC Church), close to Trinity Road (HX1 2AD) and begins at 7pm. Admission is free.

Activity

Beacon Hill Views The Rotary Club of Halifax's centenary project has created a viewing platform and seating area on Beacon Hill overlooking Halifax. For those wishing to visit the site, there are a number of footpaths. The easiest to access leads to the beacon from the junction between Southowram Bank, Trooper Lane and Beacon Hill Road, the closest postcode being HX3 9LS. It's a genuinely stunning spot with tremendous views of the town of Halifax and the hills and valleys of Calderdale.

Activity

New: Easy Walking in Rastrick At Calderdale Forum 50

Plus we're involved in an exciting new project to get people active and walking. Called "3-2-1 Walks", the project is focused on Rastrick, near Brighouse, where we have mapped out 3 short walks. All three walks start at The Space@ Field Lane. The shortest walk is 1km in length and is also suitable for wheelchair users. There are also 2km and 3km walks, which involved some gentle up-hills and take you onto local footpaths. The walks are all mapped out on a colourful, FREE leaflet you can pick up from the Space@field Lane, which is open on Wednesdays 9-11am, when breakfasts are on sale, or Wednesdays and Fridays 12 till 2pm, when you can combine a walk with a great value lunch. The address of the Space@Field Lane is Burnsall Road, Rastrick, Brighouse HD6 3JT.



Event

Gallows Pole & Coiners Exhibition Heptonstall

Museum is currently hosting an exhibition exploring the lives of the Cragg Vale Coiners, the notorious band of counterfeiters who produced fake coins and who were the subject of the recent BBC series, Gallows Pole. The museum is open Thursday, Friday, Saturday and Sunday every week, 11am until 4.30pm. Entry is £3. The Old Grammar School, Heptonstall, Hebden Bridge HX7 7PG.

Music

Halifax Chamber Choir Summer Concert 15 July:

7.30pm: "Sure on this shining night" – Light, Faith and Love in songs and spirituals by American Composers – is an exciting programme of American choral music from early 20th century spirituals to popular music of the mid-20th century (including songs by Gershwin and Cole Porter) and contemporary music by Eric Whitacre and Morten Lauridsen. The Crossley Gallery, Dean Clough, Halifax HX3 5AX. Admission £10.00

Event

Halifax Stone Carving Festival Sat 22nd & Sun 23rd

July. Free. Held in the Halifax Minster's grounds, this event is free for the public to enjoy. Stone carvers will be taking part in a competition, carving on a theme of "Wildlife in Yorkshire", they will carve Saturday at 8am until 5pm and Sunday 8am until 3pm. All the sculptures are to be hand carved, using traditional methods. The event concludes with a prize giving and all the finished carvings will be available to purchase at an Auction taking place at 3.45pm, Sunday. During the event there will be live music, entertainment, food and drink stalls etc.

Activity

HEARTBEAT Walks & Classes

Heartbeat is aimed at people who have had or are at risk of having a cardiac event. They hold walks with trained walk leaders three times a fortnight and offer several fun exercise and Tai Chi classes each week as well, in Brighthouse, in a fully air-conditioned hall with disabled facilities and free parking. Anyone over 18 who meets their criteria can join (have/had: a cardiac event/diagnosis, high blood pressure or cholesterol, Diabetes types 1 or 2, overweight BMI >25 or a carer for a Member). E-mail: info@heartbeat.uk.com or call: 07475 943686.

Event

Hebden Bridge Vintage Weekend 5th & 6th August.

Hebden Bridge Rotary Club are back in Calder Holmes Park in Hebden Bridge with their Vintage Weekend, providing great entertainment for all the family with a display of classic and vintage vehicles. This is an event that has been part of the Hebden Bridge calendar since 1982. Tickets are available on the day and payment can be made in cash or by card on the gate – Adults £7, children under-15 £5, under-5s free, families £15. There are two entrance gates, one on Station Road and the other through the memorial gardens next to Hebden Bridge Picture House.



HEALTH UPDATE

Hear Better with Microsuction at Hearing Check Sowerby Bridge!

Did you know that ear wax build-up can lead to hearing loss, discomfort, and even infection? Don't let it affect your daily life! At Hearing Check Sowerby Bridge, they offer professional microsuction appointments to safely remove excess ear wax. Their skilled team uses advanced techniques to gently extract wax, providing immediate relief and improving your hearing. Take care of your ears and book an appointment today! Say goodbye to blocked ears and hello to crystal-clear sound. Call 01422 756015

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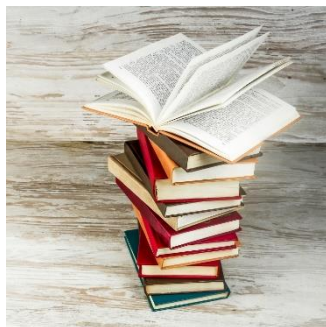
DON'T LET EARWAX PROBLEMS DULL YOUR DAY. SIMPLY BOOK AN APPOINTMENT WITH US.

BOOK NOW



JULY NEWS

Free library book deliveries Did you know, Calderdale Council delivers books for free to people who can't get to a library due to ill health, disability, age or frailty, and to carers? The Home Library Service has gone from strength to strength over the last few years. If you or someone you know would benefit from the Home Library Service, please get in touch via email on HomeLibraryService@calderdale.gov.uk or Telephone 01422 288062.



HSB's New Home

Halifax Society for the Blind opened their brand-new Sight Centre on Friday 23rd June. The new centre is located opposite Wilko's in Halifax Town Centre, on the Corn Market HX1 1TH. With a café and a range of other facilities, the venue will be the focus for many of the organisation's activities, plus offering drop-in opportunities for people in the town centre. For anyone who would like further information on HSB, please contact their office on 01422 352383.



Prescription Charge Change Scrapped The government has confirmed the prescription charge upper age exemption will remain at 60, citing cost of living pressures as a key reason behind the decision. The current prescription charge is £9.65 per item, and many people between 60 and State Pension Age have multiple conditions requiring regular medications. The Government had originally consulted on the possibility of aligning it to state pension age.

ABOUT US Calderdale Forum 50 Plus is the online newspaper for people over the age of 50 and their families & friends. We run a busy website, full of up-to-date news and events, plus monthly newsletters to help you keep in touch! Sign up online for our email newsletter.

web: www.calderdaleforum50plus.com

email: info@calderdaleforum50plus.com

