

Welcome

In this month's Calderdale Forum 50 Plus newsletter, we have a seasonal range of events and activities for your diaries. Meanwhile, there's good news if you're looking for somewhere warm and welcoming to spend a bit of time during the day, this winter, thanks to new initiatives by ASDA and by our local libraries.

Piece Hall Winter Makers Market – 11-20 November (10am – 6pm)

Showcasing some of the region's favourite independent craft stalls, artisan makers and pop-up food and drink traders for two festive shopping weekends. The market is the perfect opportunity to find a special gift, enjoy a bite to eat or a warming tippie, plus live entertainment from local musicians.

Remembrance in Halifax Sunday 13 November

Calderdale Council will be hosting a full Remembrance Sunday event in Halifax. Dignitaries and veterans will assemble at Halifax Town Hall for 10am and the parade will march via Princess Street, Southgate, Horton Street, Square Road and King Street, before assembling at the Cenotaph at around 10.40am, where the service will start at 10.45am, with a two-minute silence at 11am.

Autumn & Winter What's On Where (WOW) Guide now available

Homecare provider Home Instead's updated WOW guide for older adults in Calderdale is now out! With over 170 groups, classes and clubs listed, it contains a huge variety of activities taking place across Halifax, Brighouse, Hebden Bridge, Sowerby Bridge and Todmorden. The WOW Guide can be picked up from supermarkets, libraries, GP surgeries, community centres and sports clubs – or send an A5 or A4 size stamped self-addressed envelope to Home Instead, 14-16 Southgate, Elland HX5 0BX (or drop in and pick up a copy).

Shibden Hall Winter Craft Fair – November 13th & 14th

Shibden Hall will reopen especially for the weekend and host a selection of local crafts and produce on sale in time for Christmas. The perfect place for present buying. Open both days 10am-4pm. Tickets on the door, £4.00 / Concessions £3.00.

Warm spaces to work or relax in Calderdale libraries

Calderdale's libraries are opening their doors this winter to help people stay warm and welcoming anyone who needs a warm place to relax, rest or work. There are places to charge your electronic devices too and hot drinks available, along with activities for those looking for something to do and the usual range of books and newspapers. Ask for details at your local library.

NEWS, ADVICE, SUPPORT, CARE

For the over 50 population of Calderdale



ASDA – £1 soup & roll for over-60s

The supermarket is offering those aged 60 and over the chance to enjoy soup, a roll and unlimited teas and coffees for just £1 in any of its 205 cafes all day and every day throughout November and December.

Ann Holt Trust: Pension support for women aged over 55

If you are female, single or widowed and have lived in Halifax for at least 5 years then you could be eligible to a quarterly pension from the Ann Holt charity. The Trust gives quarterly pensions to women over the age of 55 who would benefit from a little extra money to support their living needs. To find out if you are eligible, contact the secretary David Sugden: Email – sug@sky.com or call 01274 673718.

Carers' Lunch Club Launched

A new Lunch Club is being run by the Calderdale Carers Wellbeing Service, "Making Space". Its aim is to help carers through the winter months by providing a warm meal, hot drinks and cakes to carers and the persons they care for. Volunteers will be on hand to give out advice and information of other winter support available and there will also be activities, entertainment and a free raffle! The club will run from November to March, Thursdays 12pm-3pm at Boothtown Methodist Church. To find out more please ring 01422 369101.

IT, Computer and Internet support in libraries

Computers and free wifi are available for public use in all Calderdale libraries and help is on hand with using IT, using tablets and navigating the Internet at Central Library Halifax (Phone: 01422 392631) and Elland Library (01422 374472). Sessions are bookable in advance (drop in to book or call them) and provide friendly coaching, help with specific problems and tips for getting more from your digital device.

Stress – Where to get help when it gets too much

- Call the Samaritans on 116123 or 0330 094 571
- S.O.S (Silence Of Suicide) 0300 1020 505
- Childline for under 19's 0800 1111 or childline.org.uk
- Campaign against living miserably 0800 58 58 58

CARE & SUPPORT
DELIVERED IN YOUR OWN HOME

CONTACT US NOW:
01422 652292

The banner features four small photographs: a woman in a headscarf being supported by another woman, an elderly woman sitting outdoors, two elderly women sitting at a table, and a group of people sitting together. The 'Right at Home' logo is a stylized house icon.