

NEWS, ADVICE, SUPPORT, CARE



For the over 50 population of Calderdale

Your monthly newsletter

Welcome

As Calderdale pays tribute to Her Majesty the Queen on her Platinum Jubilee with public events and street parties across the borough, we publish details of more local events and activities taking place across our region this Summer.

Our Spring survey closed last month and you told us that you like the content we provide on our website but would like more things to do locally and more community news. Over the coming months we will be responding to your comments. Our next meeting is at 10.30am on 20th June at The Shay Stadium in Halifax. If you're interested in helping to improve Calderdale for older people, why not come along and have your say! We welcome visitors to all our meetings.

Comment: Is the UK the best country to grow old in?

The House of Commons recently debated whether the UK is the best country to be an older person. Unfortunately we're far from being that. The Centre For Ageing Better has outlined five key issues where the UK is very far from being a world leader and the actions needed to improve the lives of older people in this country.

Older Person's Information Fair in Brighouse: 10th June

If you've recently retired, have elderly family members or just looking for more information on services and support available to older people in Calderdale, this event at Brighouse Central Methodist Church is for you. It runs from 10am to 2pm and is free to attend.

Business for Calderdale Awards 2022 Launched

Business for Calderdale have announced they are hosting their Business Awards which will take place on Thursday 13th October 2022 at The Venue, Barkisland. Following a tough couple of years, this is an opportunity to celebrate the resilience and success of businesses in our area and nominations are now open.

Could you be a Telephone Befriender?

If you are friendly, chatty and would like to give some time to make a regular call and brighten someone's day then this is the perfect opportunity for you. If you would like to know more get in touch with Sharon Gibson, Befriending Coordinator at Staying Well on 07825 089288 or email sharon.gibson@nhpltd.org.uk

2022 Halifax Charity Gala - 11 June

The 65th Halifax Charity Gala is next Saturday 11th of June at Manor Heath Park. The Gala begins with a procession from Eureka at 11.30am and half-price tickets are available now to buy in advance.

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Calderdale all ability fun kurling

New Age Kurling is similar to bowls, but is traditionally played inside with a static target. A weekly session has started on Mondays from 11am to 2pm at Heath United Reform Church, Halifax. Admission £3.

More Companionship Cafes planned for Morrisons Elland

Following the success of the first Companionship Cafe organised by Home Instead and Morrison's on 10 May, a further 4 dates have been scheduled and the next Cafe is on Tuesday 14 June at 10am to 11.30am.

What's On Where (WOW) Guide to Calderdale from Home Instead

Home Instead Calderdale, the local homecare company has put together a printed guide to activities and social groups for older people. The guide lists over 100 groups or classes and can be picked up from some of our local supermarkets and community centres, from their office in Elland or you can download it from our website.

About the OSCA Foundation

The OSCA Foundation is a sport and community hub based at the Ovenden Sport & Community Centre at Forest Cottage and serves all local people. As well as sports facilities, fitness studio and community bar area, they hold social and activity groups for retired and older people including keep fit, old tyme & sequence dancing and walking football.

Health Secretary announces 10-year plan for dementia

The Government's Health and Social Care Secretary has announced a new 10-year plan to tackle dementia and boost funding into research to better understand neurodegenerative diseases. The 10-year plan will focus on how new medicines and emerging science and technology can be harnessed to improve outcomes for dementia patients across the country. Record NHS funding will help reduce the COVID backlog of dementia diagnoses, with 30,000 people facing delays during the pandemic. This will ensure timely support for the more than 900,000 believed to be living with dementia in the UK.

Local support for people with dementia

Calderdale Dementia Hub is looking for people living with dementia who might be interested in joining their DEEP involvement group. The group will help to ensure services and information across Calderdale is accessible for people with dementia, and to influence change. It's also an opportunity for people with dementia to talk about what is important to them. To find out more contact LBerrett@ageukck.org.uk.

Cost of living support package announced

On 27 May the Chancellor announced a package of support worth over £15bn to help households with the rise in the cost of living. This means that almost all the eight million most vulnerable households will get £1,200 of one-off support in total this year to help with the cost of living, with all domestic electricity customers receiving at least £400.

Calderdale Forum 50 Plus aims to represent & promote the collective voice of people over the age of 50 in Calderdale by: Communication, Campaigning, Influencing, Encouraging & Empowering.

News, advice, support, care: www.calderdaleforum50plus.com