

NEWS, ADVICE, SUPPORT, CARE



For the over 50 population of Calderdale

Your monthly newsletter

Welcome

Calderdale is looking forward to the Queen's Jubilee celebrations taking place from Thursday 2nd to Sunday 5th June. The Monday Spring Bank holiday has been moved to Thursday to precede the additional Jubilee bank holiday and enable a long weekend of festivities!

Plans for events and activities throughout Calderdale are well underway, from music and performances to gatherings and displays, and many more are expected to be announced over the coming weeks. Read more below.

Jubilee Celebrations in Calderdale

The four day Jubilee weekend begins in Calderdale on Thursday 2nd June with Civic Celebrations at the Piece Hall followed by a Family Fun Day on the Saturday. A picnic Jubilee lunch with vintage musical entertainment is lined up for the Sunday.

More members sought to help represent older people in Calderdale

With Calderdale Council signing up to the United Nations Decade of Healthy Ageing, Calderdale Forum 50 Plus is expanding its information provision for older people and looking for new members and contributors who can help shape its direction. Join our insight panel and respond to our surveys about the issues that concern you most or attend our friendly and informal bi-monthly committee meetings and share your views. To find out more email info@calderdaleforum50plus.com

Renewing or applying for your senior travel pass

We have updated our very popular website information page on renewing or applying for a West Yorkshire Travel Pass. West Yorkshire Metro website is encouraging people to apply on their website. If you are unable to apply online, you will need to visit a bus station travel centre instead.

No increase to prescription charges for first time in ten years

The Department of Health and Social Care (DHSC) has confirmed that the NHS prescription charge will not be increased in 2022. The NHS prescription charge is reviewed annually with changes usually made in April, but this year the Government has confirmed the charges will not be increased in 2022.

Thousands set to benefit from new osteoporosis treatment

Thousands of women in England and Wales with severe osteoporosis who are at high risk of fracture are set to benefit from a new treatment. The National Institute for Health & Care Excellence (NICE) has recommended Romosozumab for people after menopause in final draft guidance published Friday 1 April 2022.

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Fuel Poverty – Who To Call

There are three types of support available to help people out of fuel poverty. If you are unsure of the type of support that is needed, please make a referral to Citizen's Advice who will make any onward referrals that are necessary to Newground Together and/or Calderdale Council.

Covid-19 vaccinations – free transport for those in need

If anyone is invited for a Covid vaccination, including boosters, but does not have their own transport and cannot use public transport, then contact your GP. The GP practice will give you phone numbers for taxis and Community Transport Calderdale and codes to use so that you can book transport without paying.

Calderdale Big Band Tea Dance

Dance the afternoon away with the Calderdale Big Band on Saturday 14 May at a Staying Well Hub Tea Dance at the Ardern Road Social Club. Doors open at 1.15pm for a 2pm start.

Halifax Star Boxing Club drop-in sessions

Whatever your level of activity you can get fit, have fun and meet new friends at Halifax Star Boxing Club. Boxing combines athleticism, physical and mental conditioning, sportsmanship and self-worth! The gym on Gibbet Street is open to the public for drop in sessions Monday and Wednesday mornings from 7am – 12pm and costs £5 per session.

Friendship Groups & Coffee Mornings in Calderdale

Snack Attack is a friendship group running from 10.30am to 1pm every Friday at Southgate Methodist Church in Elland and a monthly Companionship Cafe starts on Tuesday 10 May at 10am at the Morrison's in-store cafe, followed by a second meeting on Tuesday 14 June.

Updates from Memory Lane Cafe Sowerby Bridge & Boothtown

Memory Lane Cafe is now running afternoon-only sessions (1.30-4pm) for their regular meetings for the elderly and people with dementia and their partners at St.Paul's Methodist Church, Sowerby Bridge and Boothtown Methodist Church. Each cafe lasts two and a half hours.

Weekly support group for men: Men United

Men United was established to combat isolation and loneliness in older men, typically those aged 60 plus. They meet every Wednesday morning at 10am at Halifax RUFC in Ovenden for conversation, discussion, talks by speakers, demonstrations and games including indoor bowling.

Activities with Calderdale Community Coaching Trust

The Trust is supported by the Halifax Panthers Foundation and runs a range of activities – both social and sporting including a twice-monthly heritage lunch club, weekly over 50's walking football and an over 50's club every Thursday at the Shay Stadium.

Calderdale Forum 50 Plus aims to represent & promote the collective voice of people over the age of 50 in Calderdale by: Communication, Campaigning, Influencing, Encouraging & Empowering.

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