

NEWS, ADVICE, SUPPORT, CARE



For the over 50 population of Calderdale

Your monthly newsletter

Welcome

This month's newsletter is packed with things to do this winter and there are already plenty of festive activities and meet-ups planned in Calderdale to get us into the Christmas spirit.

With all the worries over rising fuel bills, we do have some immediate advice if your energy supplier has gone bust. Also Yorkshire Water have news of a range of special tariffs available to people who are struggling financially.

Calderdale Forum 50 Plus will be holding its delayed Annual General Meeting (AGM) on 29 November at the Shay Stadium. If you are interested in attending please email us at info@calderdaleforum50plus.com

Changes to cashless parking payments in Halifax

A borough-wide system for cashless parking payments in Calderdale will be introduced from early November. Those wishing to pay with cash will still be able to do so, and blue badge and permit holders are unaffected by these changes and should continue to display their permits/badge.

Calderdale Remembrance events

Preparations for this year's Remembrance events are well underway, with Calderdale Council working hard to plan for a full Remembrance Sunday event in Halifax and support other events in the borough. 2021 events will feature a full parade through Halifax on Remembrance Sunday (14 November) and a service of Remembrance at the Cenotaph near Halifax Minster.

Calderdale Forum 50 Plus Annual General Meeting 2021

The Annual General Meeting of Calderdale Forum 50 Plus will be held at 11am, on Monday 29 November 2021 at the Supporter's Lounge at the Shay Stadium Halifax and the committee warmly welcome visitors and potential new members.

Community Transport Calderdale can help people with their transport needs

Community Transport Calderdale is a local charity and their Car Service volunteers can provide transport for people to get about. You can also travel on one of the minibus trips they organise in their wheelchair accessible minibuses or you can hire their minibuses for your group. **For more details on what they offer and any charges involved call 01422 888080.**

Healthy Minds – dozens of free groups & activities

Healthy Minds are running dozens of free groups and activities across Calderdale to help you feel well this winter. Whether you need emotional support, information, resources or just some relaxing activities, Deborah and Nicola from the Healthy Minds team are there to help you find the right fit for your needs. **Call 01422 345154 to find out more.**

Events at the Piece Hall

The Piece Hall has lots of events planned in the run up to Christmas including Light up Lives for Diwali on 6 November, Christmas wreath making on 13th and 14th, a winter makers market from the 19th to 28th and expect a special, festive visitor for the children from 4 December.

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'Don't be alone this Christmas – Join Holy Trinity & St Judes' for Christmas Lunch

Holy Trinity & St. Judes' Churches would like to invite anyone who may be alone this Christmas to join them for Christmas lunch at the Church Hall from 11.30. There is no charge. **Call Samantha on 07760 471652 to book your place.**

Elland and district retired men's Probus Club re-opens

The Elland and District Men's Probus Club are meeting once again at the Elland Working Men's Club on alternate Tuesday mornings. All retired men from the Elland area are welcome to come along and share friendship while listening to interesting speakers. The next meeting is 9 November.

Dancercise – Movement to Music

This 'Movement to Music' group for ladies is looking for new members. Sessions are held each Monday from 6 until 7pm at the Studio Rooms, 11, St James Street, Halifax. HX1 5SU. Various exercises and dances are taught, with the emphasis on getting fitter and having an enjoyable time in a stress-free hour!

Oddfellows Brighouse & Huddersfield: winter programme

Oddfellows, the social group for older people has announced a full programme of events in the run up to Christmas. Activities include a Psychic night, ten pin bowling and a Christmas coffee morning. **See our website for more details and search "Oddfellows".**

Calderdale Heritage Walks – back in action!

Calderdale Heritage Walks is now back in action offering familiar walks around our area including Georgian Halifax, the Coiners and churches & chapels of Todmorden. On our website are details of their re-launched programme of walks. **For enquiries, please email: cdaleheritagewks@gmail.com**

For information on more 50 plus friendly groups and activities in Calderdale search 'In Touch' on our website or see the button on the homepage.

Community care alarm service

Calderdale Council, in partnership with Progress Lifeline, offer a community alarm service with direct access to a Contact Centre from your home. Ideal for people at risk of a fall, the service provides emergency assistance 24 hours a day, 365 days a year in your own home. **To find out more call Gateway to Care on: 01422 393000.**

Report: Supporting people with dementia and their carers

This report into dementia care from the House of Commons Health and Social Care Committee criticises the government plans for the health and care levy. In the committee's view, the levy provides insufficient funding for social care over the next three years and fails to spell out how the sector will benefit from the levy after that. **Read more on the health & wellbeing news pages on our website.**

Worried about your energy supplier going bust?

You'll still have gas and electricity even if your supplier goes out of business and if your account is in credit your money is protected too. The gas and electricity regulator, Ofgem, will move you to a new supplier but this usually takes a few weeks.

Get help paying your bills with Yorkshire Water's special tariffs

Yorkshire Water have made a number of different tariffs available to support householders on low incomes, people with a disability, medical condition or serious illness and those who are struggling to pay their water bills, possibly due to temporary circumstances, such as the current COVID-19 pandemic. **Call 0800 1 38 78 78 to find out more.**

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