

# NEWS, ADVICE, SUPPORT, CARE



For the over 50 population of Calderdale

## Your monthly newsletter

### Welcome

Autumn is here, schools are returning albeit with continued Covid testing and a good number of local venues, community groups and activities are now reopening while adhering to Government guidelines on keeping people safe.

Throughout the last 18 months we have scoured the latest national and local news sources to bring you information, support and guidance on the pandemic, lockdown restrictions and safety measures.

We hope this has in some way helped you through this challenging year and a half, but now its time to move on. For the first time since March 2020 we have dropped our coronavirus news section from your monthly newsletter and focused on local and community news and events. We hope this change will be permanent!

### Halifax bus station redevelopment starts 5 September

There are some important changes to services at Halifax Bus Station as its £17.7 million redevelopment starts. The station is being redeveloped in order to provide improved facilities and higher levels of comfort. To enable the construction work to start, the bus station will be partially closed from Sunday 5 September. You can view timetable and bus stop changes on our website. [Search Halifax bus station.](#)

### Volunteer to help Afghan refugees at St Augustine's Centre

With the evacuation of citizens and foreign nationals from Afghanistan now over, St Augustine's Centre, Halifax has been overwhelmed by kind messages and inquiries from local people wanting to help families fleeing persecution and conflict. The centre needs donations and is looking for befriending volunteers and people with woodworking and painting skills.

### Wheels in motion for new food delivery service

Fresh food deliveries from local shops, straight to people's doors by electric bike, are set to make life easier for Halifax residents who are isolating or at higher risk from COVID-19. This is thanks to DeliverHX, an innovative new food delivery service which supports independent businesses, is good for the environment and offers a helping hand to people who are unable or nervous to go shopping due to COVID-19.

### Have your say on new seating areas in Brighouse town centre

Work to create new pedestrian areas with benches, plants and trees around Brighouse town centre is now complete. New decking and seating areas are now in place on Commercial Street and by the canal side near Brighouse market. These new 'parklet' areas have transformed parts of Brighouse into community spaces for people to stop, rest and enjoy whilst shopping. Work is now finished and Calderdale Council is inviting people to share their thoughts about the spaces to inform any further changes or improvements that could be made to the new benches and plants.

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## Town Hall improvements hit the right note

Work to improve the magnificent ballroom at Todmorden Town Hall is now complete, with the addition of new acoustic panels and specialist redecoration. Calderdale Council, working with the Town Hall Working Group, has invested over £120,000 in a refurbishment programme.

## Brighouse Third Age group: Registration event on Monday 6 September

Brighouse Third Age group run a wide variety of activities and classes for older people from their base at Waring Green Community Centre. They are holding an information event this Monday 6 September from 10am to midday for those interested in joining.

## Phoenix Shed: A place for men over 55 to meet and find support

The Phoenix Shed, based at the Threeways Centre in Ovenden is a place for men over the age of 55 to meet, greet and find support from each other. It offers the opportunity for members to engage in woodwork, wood turning, joinery projects as well as just meet and socialise.

## Healthy Minds – Calderdale sessions & activities

Healthy Minds has released its Autumn timetable of peer support sessions, wellbeing walks, allotment, yoga and meditation groups. Some sessions will be delivered face-to-face and others by zoom.

## New Beginners Pilates Classes coming to Savile Park and Skircoat Green

Starting September 8th, weekly afternoon pilates classes will be held Thursday's at 1pm at Heath United Reformed Church and Monday's at 2pm at St. Judes Church, Skircoat Green.

## Looking for something new to do?

If you want information on the above groups or are keen to try a new activity or meet new people, don't forget to take a look at our In Touch directory web page for ideas and inspiration. And if you are involved in setting up a 50-friendly group, don't forget to send us the details so we can spread the word. [Search In Touch on the website or see the button on the homepage.](#)

## Living longer: impact of working from home on older workers

The shift towards working from home seen during the coronavirus (COVID-19) pandemic may enable older workers to remain in the labour market for longer, a new government report has found. [Search Health & Wellbeing News on our website to find out more.](#)

## Quick Guide: Avoiding Banking Telephone Scams

Telephone banking scams are on the rise and even the most savvy customer can get caught out. Calderdale Crime Prevention Officers have put together their tips and advice for staying safe.

## Extra help from Yorkshire Water when you need it

If you or someone you live with has had a cancer diagnosis, or is living with a serious health condition, sight or hearing impairment, then it could be well worth signing up to the Yorkshire Water Priority Services Register. You'll get priority access to water supplies in the event of an emergency and they can quickly and easily appoint a nominee to manage your account and make communication easier. [Call 0800 138 78 78 to find out more.](#)

## Tips For Stopping Rogue Traders

West Yorkshire Trading Standards continue to receive reports of doorstep traders using pushy and sometimes aggressive sales tactics to intimidate people, usually the vulnerable and isolated members of our society, into using their services. We have compiled a list of questions to ask before employing a tradesperson to do work for you. [Head to our Money & Finance News to find out more.](#)

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