

## Calderdale Forum 50 Plus Newsletter – April 2016

**Calderdale Forum 50 Plus** aims to support and represent people aged 50 and over in Calderdale and to promote a collective voice on issues that matter to them. We also highlight information and issues which are useful and important to this age group via our website.

### HOSPITALS CONSULTATION – HAVE YOUR SAY WITH US!

We are hosting a “have your say” session on the proposed re-structuring of Halifax & Huddersfield health services. The session is on Thursday 28th April, at the Shay Stadium, Halifax, HX1 2YT. We’d love you to come along: [Full Details](#)

### LATEST NEWS & ADVICE ON OUR WEBSITE

Latest News: From using the internet to find health information, through to writing wills, getting better home insurance quotes and nutritional advice, our news section is constantly updated!

Good, basic advice on a number of key subjects

- [Reporting Abuse](#) – advice on safeguarding vulnerable adults
- [Choosing a Care Home](#) – where to look and what to consider.
- [How To Switch Energy Supplier](#) – help from Citizen’s Advice.

### WHAT’S ON YOUR MIND?

We’re always interested to hear what our readers’ current concerns are. Email us on [calderdaleforum50plus@hotmail.com](mailto:calderdaleforum50plus@hotmail.com) or leave a message on 07870 434 492. Your views will help us to draw up action plans for our organisation and add content to our website and newsletters.

### MORE FROM OUR WEBSITE

Useful Links: These are websites we use and recommend ourselves:

- [Activities, Fitness and Recreation](#)
- [Arts and Entertainment](#)
- [Health and Wellbeing](#)
- [Community Groups and Local Interest](#)

### CONTACT

Web: [www.calderdaleforum50plus.com](http://www.calderdaleforum50plus.com) - Tel: 07870 434 492

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